Therapy is a confidential process; however, to protect individuals, the following are exceptions to confidentiality:

**Duty to Warn:** Psychologists are mandated by law to disclose pertinent information discussed in therapy if the client has an intent or plan to harm a specific other person. We are required to inform the intended victim and notify legal authorities.

**Suicide/Self harm:** Depression is common emotion expressed in therapy. If a client is feeling hopeless enough to imply or disclose a plan for suicide, steps must to be taken to ensure safety. This would include notifying the legal authorities, as well as making reasonable attempts to notify the family.

**Vulnerable Adults and Children:** Mental health professionals are required by law to report stated or suspected abuse of a child or vulnerable adult to the appropriate social service agencies and/or legal authorities.

**Minors/Guardianship:** Parents or legal guardians have the right to access a minor’s health information. The age of majority in Ontario is 18.

**Legal:** Courts may subpoena a psychologist’s files.

I have read and understand the above-stated limitations to confidentiality. I accept the subsequent ramifications should there be a need to act on one of the above-stated exceptions. Other than the noted exceptions, if there are reasons to disclose my protected confidential information, I understand that I will be provided a Release of Information form.

Client Signature:

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